



Tanz und Performance Training Pilot Project for young dance artists

**April 27 – May 17, 2015, Munich
Artistic Direction: Mia Lawrence**

in cooperation with DANCE 2015, Stefan Dreher
Funded by the Kulturreferat der Landeshauptstadt München

A new training experiment for 10 young artists between 20-29 years old who have already completed a three year program (or the equivalent) but would like to supplement their previous training with performance practice. The emphasis will be on studio training (classes with Mia Lawrence and Judith Sanchez Ruiz), daily performance practice in a public space in the context of the international festival DANCE 2015 (Dancing Days 11 Tage, 66 Stunden. Tanzmarathon als Tanzinstallation – project by Stephan Dreher), lecture/discussion on current artistic theories of performance (Dr. Katja Schneider), masterclasses with visiting artists, and viewing performances in the International Festival DANCE 2015.

Auditions

Berlin, 14.3.2015, 10 bis 13 Uhr, Uferstudios Berlin

München, 22.3.2015, 10 bis 13 Uhr, Tanztendenz München

Please send CV and letter of motivation to Simone.Schulte@daskulturbuero.de until March 11, 2015

In this first Pilot Project in Munich, the program is divided in to three blocks.

Phase 1: April 27 – May 6

studio practice - developing presence, clarity in improvisational choicemaking, dynamic, expressive dancing, with a broad range of physicalities in preparation for site-specific performance (Mia Lawrence and Judith Sanchez Ruiz)

May 4-6; rehearsal/preparation performance practice with Stefan Dreher and his 7 performers for the Marathon Project. Coaching: Mia Lawrence
performance theory/discussions with Dr Katja Schneider.

Phase 2: May 7 – 16

morning Master class or discussion with invited guest festival artists, late afternoon performances (2-6 hours daily) in Stephan Dreher's Marathon Project in DANCE 2015, evening viewing of performances in the international festival DANCE 2015.

Phase 3: May 17; reflection, writing practice, and conclusion.

Selected students are responsible for travel, housing, and food expenses.

Auditions

Berlin, 14.3.2015, 10 bis 13 Uhr, Uferstudios Berlin

München, 22.3.2015, 10 bis 13 Uhr, Tanztendenz München

Project Language: English

Registration through 11.3.2015 with CV and motivation letter an simone.schulte@daskulturbuero.de

Studio Practice/Training (Phase 1)

Mia Lawrence: Morning Practice: Meditate, Align, Dance (1 hour 45 Minutes)

Shake up the body and breath, until the point of exhaustion and then rest and watch what arises. Explore rhythm, musicality, dynamics, spatial awareness, and body alignment through somatic practices and improvisational movement structures. The focus is to prepare the body and mind for durational site specific performance. Relaxation and journal writing will also be part of the class.

Judith Sanchez Ruiz: Functionality and Perspectives in dance (4 hours)

is a contemporary dance class developed from Sanchez Ruiz' own movement vocabulary and improvisation techniques, while learning phrase material from JRS Company's Repertory work, with strong formative influences of David Zambrano, Trisha Brown, and Cuban educational background. Focus in the importance of being grounded, dancers work with initiation and arrival, stillness and counter-balance within visceral and organic movement. Rhythms of phrases are defined through natural weight of muscles and extremities, giving students new ways of realizing movement and making dances, encouraging curiosity and exploration. This workshop class includes Roller coaster partnering exercises, learning and developing how to take and give weight in improvising settings, that feature sliding and move in and out of the floor with awareness and speed.

In the second half of the workshop we will explore the relationship between set material and improvisation. We will learn technical phrase material to be able to decompose it and to improvise with it. You will have the opportunity to be original, vulnerable and creative, to challenge your approach to improvisation and develop as a performer.

Mia Lawrence has been teaching, choreographing, and coaching young dance artists in New York and Europe for over 20 years, most recently Coordinating the Training program at P.A.R.T.S. in Brussels (2005-2013) Her artistic and coaching practice is deeply influenced by her studies in yoga and meditation. She is a recipient of a NY Bessie Award for choreography and the Förderpreis Tanz, Munich.

Judith Sanchez Ruiz was born and raised in Havana, Cuba, where she began her dance studies at the age of 11 at the National School of Arts (1983-1990). Her professional career spans 19 years in various styles and techniques of classical and modern dance. She has worked with DanzAbierta Company, Cuba, (1991-1996); Mal Pelo Company Spain (1997-1999); David Zambrano (1997); and Trisha Brown Dance Company (2006-2009). She has taught contemporary dance technique as well as lead choreographic improvisation workshops extensively throughout the world.

